

Alicia M. Gaspar

Global Coach

Communication/Leadership
Business lifestyle



Coach's Profile

Multicultural **ICF-ACC certified Coach** with overall work experience of 15 years in leadership positions in the Entertainment Industry. I have lived and worked in Los Angeles, CA and Madrid, Spain. Due to my broad experience in constant-changing environments I can help others manage stress, make effective decisions, handle heavy work routines or just start up a project or a business. Furthermore, I am a really open-minded and flexible individual, a good listener, and I have worked with people from all over the world, which it shows in the way I do coaching. I am passionate about other cultures and finding common grounds, and I have the ability to mix the creative aspect of coaching and the planning/performance aspect of coaching.

Key Achievements

- Certified Professional Executive Coach. Effective and Ontological Coaching (GROW and OSAR Model) accredited by the CEC Center, Centro de Estudios del Coaching (300+ hours of training). Holds the credential of Associate Certified Coach (ACC) from the International Coaching Federation (ICF).
- Experience in coaching for clients in the US, France, UK, Spain.
- Specialization in communication skills training (pragmatics, having difficult conversations, genuine connections at work, global teams); creativity (vision and project development) and leadership.

Education & Certifications

Education

- UI1: Psychology Major (Currently)
- LAPAC: Performing Arts.
- UCLA: Production and directing for film and TV.
- UCM: Major in Mass Media Communications.

Certifications & Awards

- International Coaching Federation (ICF-ACC).
- Executive Coaching Certified Professional Levels 1&2 (CEC).
- EMI- Tibetan Training on Mindfulness and Mental Fitness.

Work experience

Corporate Experience

- Braemar Madrid SL.
- Financial Systems Consulting SL.
- Mundo Fox Production Coordinator.
- 25/7 Productions Postproduction
- Lionsgate (Mandate Pictures) Editorial and Script Development.
- Numerous projects for corporations such us: Warner Brothers, ABC, Disney, Kaiser Permanente, WWF (...)
- Projects for small companies and independents.

Industry Experience

- Line Producer, Director, and Ading.
- Post-production Coordinator Film/TV
- Auditions and pre-production.
- Project Development Consultant.

International Experience

- USA
- UK
- Spain

Functional Experience

- Strategy and Event Planner.
- HR and team coordination.
- Writing, creativity and design.

Coaching Experience

Areas of Coaching Expertise

- Executive Coaching.
- Global Mobility and Global Teams.
- DE&I Coaching and Culture.
- Communications & Leadership.
- Performance Coaching.
- Wellbeing Coaching.
- Startup Coaching.

Levels Coached and Mentored

- Executive coaching.
- Effective Communication.
- Focusing Technique and Systemic Coaching.

Coaching Experience

- Media and Entertainment
- IT / ITeS
- Marketing
- Education
- Non-Profit
- Hospitality
- Government-Public Sector

Languages Spoken

- English
- Spanish